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# Sunderland as a healthy place JSNA

All together, working, playing, learning, growing, laughing, innovating, caring, sharing, living... Sunderland!



## Sunderland as a healthy place

### Employment

- Employment rates for Sunderland deteriorated significantly during the recession, reducing from 68.6% in 2008 to a low point of 60.8% in 2011 and then rising to 65.1% in 2014
- In the UK over 50s will comprise almost one third of the working age population by 2020.

### Housing

- In Sunderland the greatest housing need is: Single Adult (under 65): 2,538 households Single Adult 65+: 1,552 households Couple only (one or both 65+): 1,770 households.
- Percentage of households that experience fuel poverty: Sunderland 12.4%; North East 11.8%; England 10.4%.

### Neighbourhoods

- The number of children aged 0-15 killed or seriously injured in road traffic accidents in Sunderland is significantly higher than the national average 30.5 per 100,000 population compared with 17.9 nationally
- 143 deaths in Sunderland in 2010 can be attributed to human-made small particulate PM<sub>2.5</sub> air pollution.

### **Healthy Environments**

- · Smoking in adults and young people in Sunderland is between 3% and 5% greater than the national average
- Access to quality greenspaces is unequal in Sunderland, in both deprived and affluent areas
- In 2005 Sunderland had 621 Premises Licenses, now Sunderland has 941 Premises Licenses, of which 345 are off licenses.

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# All together Sunderland!

### **Recommendations for commissioning**

### Employment

• Continue to support the North East Better Health at Work Award and the Sunderland Workplace Health Alliance.

### Housing

- Place an emphasis on the provision for suitable accommodation for older people
- Increase the provision of lifetime homes
- Continue the fight against fuel poverty
- Establish inclusive design and an all age friendly approach to the Housing Strategy for Sunderland.

### Neighbourhoods

- Embed throughout the new Local Plan the need for inclusive design in new developments
- Build inclusive design principals into planning guidance
- Provide safer environments through an all age friendly, lifetime neighbourhoods approach that incorporates inclusive design, enabling cohesive and inclusive neighbourhoods.

### **Healthy Environments**

- Tackle adult smoking as a way of reducing smoking in younger people
- Provide greater opportunity to access greenspace in areas of the city where access is currently limited
- Use the tools available to the Local Authority to reduce the saturation of licensed premises in alcohol, takeaways and gambling.