



Active Sunderland

BIG

Events 2018

BIG 3k Run

When: Sunday 13 May 2018, 9am

Where: Keel Square, Sunderland

What: 3k fun run suitable for all abilities and those aged 5 years +

Entry

Entry is only £10 per person and includes an Active Sunderland technical t-shirt, event medal and a goody bag.

Runners must be aged 5 years or older to take part and under 8s must run with an adult. For further information and to enter online, please visit www.activesunderland.org.uk



#WeAreActiveSunderland

activeSunderland 

Active Sunderland BIG 3k Run

The Active Sunderland BIG 3k run is an ideal participation event for people of all abilities. The event is a great way to be part of the Run Sunderland Festival on Sunday 13 May and you can participate for fun, fitness or your chosen charity. The 3k city centre route will be on a section of the same course being used for the Siglion Sunderland City 10k and Half Marathon events which are taking place later on the same day.

Active Sunderland **BIG** Events 2018

Active Sunderland BIG Event dates for your diaries:

BIG Family Bike Ride: Saturday 16 June, 2018

BIG Bike Ride: Saturday 17 June, 2018

BIG Walk: Sunday 30 September, 2018

For further information and to keep up to date with the events/activity programme please:

Email: active@sunderland.gov.uk

Call: 0191 561 4600

Visit: www.activesunderland.org.uk

