

Thank you for being a Great Active Sunderland Schools Charter School 2023 - 2024

Please answer each of the questions indicated in blue.

Further specific details and how the criteria will be measured are included to help you in orange text.

Please indicate the type of evidence and information you have collated in the 'provide information here' boxes after each question (in text only).

Once you have started the survey you will be able to edit or change your survey responses at any time however you must use the same IP address (use same device in same location).

IMPORTANT; To ensure your responses are saved you MUST click on the NEXT icon at the bottom of each page. Once you are happy that the survey is complete click on the SUBMIT icon after question 19. (if you do return to your survey and your responses have disappeared please be advised that they are not lost. To request retrieval please e mail; Darren.pike@sunderland.gov.uk

Please add your school's name on question 1 and your name and school name on question 18

Q1

Does your school provide every child with at least 2 hours of high-quality PE per week?

Essential criteria applicable to All Schools.

Further specific details;

Bronze – 2 hours consisting of curricular and extra curriculum provision.

Silver - 2 hours made up of curricular and extracurricular provision.

Gold – 2 hours of timetabled curriculum provision

How will it be measured?

School timetable.

Extra curriculum timetable.

Active classroom timetable.

Please add creative / innovative ideas your school has introduced to deliver curriculum PE.

- Yes - please specify.
- Provide information here.
- Example answers
Our school provides each class with 2 hours of PE per week which can be evidenced through our school timetable.

Our school provides each class with 1 hour of curriculum PE per week in addition each class takes place in the Daily Mile every day within curriculum time.

Our school has limited hall availability therefore each class receives 2 x 45 minutes of timetable PE in addition each class participates in daily Wake Up Shake Up / Jump Start Jonny sessions.

Examples of Active classrooms; Super Movers, TagTiv8, Jump Start Jonny, Go Noodle, Wake Up Shake Up, Active Maths, Active English

Please add here your creative / innovative ideas your school has introduced to deliver curriculum PE.

Q2

Does your school publish information about the use of Primary PE and Sport Premium funding?

Schools must use the funding to make additional and sustainable improvements to the quality of PE and sport offered.

Essential criteria applicable to Infant / Primary / Junior / SEN Primary Schools.

Further specific details:

Ofsted inspectors will be asked to consider “How well the school uses its Sport Premium to improve the quality and breadth of its PE and sporting provision, including increasing participation in PE and sport so that all pupils develop healthy lifestyles and reach the performances levels they are capable of.”

Schools must publish details of how they spend their PE and sport premium funding by the end of the summer term or by 31 July 2024 at the latest.

How will it be measured?

As part of the funding programme schools must publish their PE and sport premium funding provision on their school website.

(Note – Ofsted assesses how primary schools use the primary PE and sport premium. They measure its impact on pupil outcomes, and how effectively governors hold school leaders to account for this).

- Yes - please specify
- Provide information here:
- Example answer
We have published details of how we intend to spend our PE and sport premium funding on our website (insert website link) which includes:
 - the amount of premium received.
 - a full breakdown of how it has been spent.
 - the impact the school has seen on pupils’ PE, physical activity, and sport participation and attainment.
 - how the improvements will be sustainable in the future

Q3

Does your school have a designated Head of PE or PE Lead?

Essential criteria applicable to All Schools.

Further specific details.

The school's appointed Head of PE or PE Lead name to appear on website / letters regarding PE activity

How will it be measured?

PE Lead name appears on; website / letters regarding PE activity

- Yes - please specify.
- Provide information here.
- Example answer
'name of teacher' is our PE lead. This can be found on our staff list on our school website (insert website link) / on letters to parents regarding PE activity

Q4

Do your teachers attend at least one CPD course per annum?

Desirable criteria for Infant, Primary / Junior, Secondary, SEN Primary, SEN Secondary

Further specific details:

Sports specific courses attended off site.
Inset training attended by whole staff.
Staff working alongside sports coaches.

Eligible item which can be funded from Primary PE and sport premium.

How will it be measured?

Name of course, register/s of attendance / certificate/s / e mail confirmation of attendance.

Continuous CPD - dates external providers working alongside teachers and schemes of work provided.

- Example answers
'name of teacher' attended 'name of course' on date, venue, time. This attendance has been confirmed via an e mail from the course organiser.

'name of teacher' has worked with an external sports coach for 6 weeks. This included the teacher working in tandem with the coach during one lesson and then solo delivering the same lesson to a different class. The teacher has lesson plans to ensure sustainable delivery. We have a confirmation e mail from the coach outlining the delivery programme and dates.

During a school inset day on (list day, date and times) the whole school attended a CPD session on (name sport / theme). We have a confirmation e mail outlining the delivery from the tutor.

Q5

Does your school offer training for playground / lunchtime assistants?

Desirable criteria for Infant, Primary / Junior and SEN Primary Schools

Further specific details:

Active Playground Training.

Lunchtime Supervisor Training

Operation of in-house playground training scheme for lunchtime assistants'

Eligible item which can be funded from Primary PE and sport premium.

How will it be measured?

Name of course, register/s of attendance / certificate/s / e mail confirmation of attendance.

Lunchtime Supervisor Training confirmation of attendance from School Games Organiser.

In house programme, copy of training programme delivered, dates delivered and number attending.

- Example answers

Our lunchtime supervisors attended (add name of course, date, venue, time). This attendance has been confirmed via an e mail from the course organiser.

Our lunchtime supervisors attended Lunchtime Supervisor Training (add date, venue, time). Attendance confirmed by our School Games Organiser.

Our PE lead delivered a in house playground training programme to the lunchtime assistants (list days, dates, time and list of attendees). The training dates can be found in our school calendar along with the list of attendees. The PE lead also has a copy of the training programme delivered.

Q6

Does your school provide all young people the opportunity to participate in competitive sport as a participant, volunteer or leader?

Essential criteria applicable to All Schools.

Further specific details:

Use the Sunderland School Games, Feeder Secondary School Cluster Festivals, Wise Games, School Sports Associations and school trust competitions to provide pupils with the opportunity to take part as participant, volunteer or leader.

In school intra competition (class v class, house v house competition).

Eligible item which can be funded from Primary PE and sport premium.

How will it be measured?

Registration of school on the 'your school games' website.

Sunderland School Games Facebook / Twitter.

School website / Facebook / twitter / class blogs / school calendar / school newsletters.

List intra competitions staged (sport, dates, year groups).

- Yes - please specify.
- Provide information here.
- Example answers

Competitive Sport

Our school attends the cluster festivals provided by our feeder secondary school (list festivals, year groups and dates). We have a copy of the cluster festival programme. Attendance confirmation can be found in confirmation e mails from our feeder secondary school also on our school website (insert website link) / Facebook (insert Facebook link) / class blog / school newsletter as well as on the Your School Games website.

Our school attends competitions provided in the Sunderland School Games Calendar (copy available). Attendance is confirmed via e mail from the School Games Organiser / competition results / reports on school website (insert website link) / Facebook (insert Facebook link) / twitter (insert twitter link) / newsletter.

Intra Competition

Our school operated a inter house Dodgeball competition during November / December with the results being published on the school website and Facebook page.

Volunteer / leader

Our young leaders provide support at the following after school clubs / cluster festivals (list clubs / festivals dates and venues). This can be verified by consent forms and emails from the event organiser.

Q7

Does your school have an accredited School Games Mark?

Essential criteria applicable to Primary / Junior, Secondary, SEN Primary and SEN Secondary schools.

Further specific details:

A reward for schools for their commitment to and development of competition, school sport and physical education.

2023-24 window open 1 May – 26 July 2024.

How will it be measured?

Maintaining / Achievement of School Games Mark (Bronze, Silver, Gold or Platinum).
Level awarded confirmed by School Games Organisers.

- Yes - please specify.
- Provide information here.
- Example answer

Our school has registered on the 'your school games' website which can be verified by the School Games Organiser. Our school retained the Bronze/Silver/Gold/Platinum mark in 2022/23.

Our school will be / has submitted our 2023 / 24 application, this can be confirmed by our SGO.

Q8

Does your school deliver and operate a Young Leader's Programme / Leadership Academy / Leadership Scheme / Young Health Champions?

Essential criteria applicable to All Schools.

Further specific details:

Operation of in-house leadership scheme.

Inclusion of leadership as part of the PE curriculum.

Programmes include Leadership Skills Foundation (formally Sports Leaders UK) / Young Ambassadors / Primary Leaders Licence (Formally Playmakers Award) / Active Leaders Award

Young Health Champions (Year 10 and Year 5)

Health education programme that allows schools the chance to work in partnership to demonstrate their commitment to the health and wellbeing of their students. Young Health Champions complete a training / awareness programme covering young people's health related issues.

How will it be measured?

In house

In house leadership scheme programme delivery dates and year group and number attending.

Leadership as part of the PE curriculum delivery dates and year group/s.

Leadership Skills Foundation

Name award, confirmation of award gained through e mails from provider.

Young Health Champions (Year 10 and Year 5)

Number of pupils undertook the training and awareness.

E mail trail confirming delivery.

- Yes - please specify.
- Provide information here.

- Example answers

In house

Our school operates an in-house leadership scheme for year 7/8/9/10/11 (add days, dates and times of training).

Our school operates an in-house leadership scheme for year 6 (add days, dates and times of training). These leaders deliver a programme of activity at lunchtime with the lunchtime assistants which is outlined in a rota

Leadership Skills Foundation

Our year 5 children have completed Primary Leaders Licence course (add dates, venue, time). This attendance has been confirmed via an e mail from the course organiser.

Leadership Skills Foundation

Our school operates the Sports Leadership programme (add days, dates, times of training) 'insert number' students are on the programme (register supplied by Leadership Skills Foundation). In addition, we have a programme of activity the leaders deliver at lunchtime with the lunchtime assistants which is outlined in a rota.

Young Health Champions (Year 10 and Year 5)

Our school has students (insert number) who have undertaken the Young Health Champions training / awareness programme (add days, dates and times). This was confirmed via e mail from the Active Sunderland Healthy Lifestyle Programme

Q9

"Does your school provide pupils at Key Stage 2 with the opportunity to swim 25m unaided? (primary / junior)

***Does your school provide pupils at Key Stage 1 swimming instruction opportunities? (infant)**

^Does your school provide pupils at Key Stage 1 / 2 swimming instruction opportunities? (SEN primary)

Desirable criteria for *Infant, "Primary / Junior and ^SEN Primary Schools

Further specific details.

Primary / Junior Schools - "The new 2014 National Curriculum states all schools must provide swimming instruction. In particular, pupils should be taught to swim competently, confidently and proficiently over a distance of at least 25 metres (Key Stage 2).

How will it be measured?

Name venue lessons are delivered as well as the year group/s receiving lessons and which terms attended.

Registers from swimming provider indicating attendance, entry / exit level and distances achieved.

Effective use of Primary PE and Sport Premium funding for Intervention Programmes.

- Yes - please specify.
- Provide information here.
- Example answers
"Our school takes year 4 swimming (list days, date, times and venue). The venue supplies entry and exit level and distances achieved.

*Our school takes year 2 swimming (list days, date, times and venue). The venue supplies entry and exit level and distances achieved.

^Our school takes year 5 swimming (list days, date, times and venue). The venue supplies entry and exit level and distances achieved.

Q10

Does your school provide a series of sports festivals for cluster primary schools?

Desirable criteria for Secondary schools.

Further specific details.

Primary Cluster Sports Festival Calendar can be used to help primary schools qualify for next level of the Sunderland School Games.

Provides an ideal opportunity for young leaders to be involved in delivery.

Acts as an excellent transition tool for attracting pupils to the school.

How will it be measured?

Varied festival programme produced (a sample of sports, dates, times, year groups).

Copy of festival programme available on school website.

E mails sent to participating primary schools.

- Yes - please specify.

- Provide information here.

- Example answers

Our school has a varied Primary Cluster Sports Festival Calendar which is delivered to feed into the Sunderland School Games Calendar to enable progression to Level 2 competition (where applicable). Copy of calendar is available on school website (insert website link). Cluster festival results published on school website (insert website link) and e mails sent to competing primary schools.

Q11

Does your school provide programmes to engage the least active pupils?

Primary /Junior / SEN Primary

Change 4 Life / 60 Active minutes / Active Schools Planner / Daily Mile / British Triathlon Active Skills for Life programme / Tennis in the Parks / Transition events

Secondary / SEN Secondary

Girls Active / This Girl Can / Operation of in-house enrichment programmes / Change 4 Life / Transition events.

Criteria applicable to Primary / Junior, SEN Primary, Secondary and SEN Secondary schools,

Further specific details:

Primary /Junior / SEN Primary

Operate a Change 4 Life Club (or alternative named club). Support available from School Games Organiser / Active Sunderland Healthy Lifestyle Programme.

And / or

Active School Plans for 60 Active Minutes per day (20 minutes for SEND young people) through active travel, playgrounds and classrooms. Support available from School Games Organiser

And / or

Operation of Daily Mile. It gets children out of the classroom for fifteen minutes every day to run or jog, at their own pace, with their classmates, making them fitter, healthier, and more able to concentrate in the classroom.

And / or

Operation of British Triathlon Active Skills for Life programme which includes a variety of sessions that focus on swim, bike, run, transition activities and challenges.

And / or

Operation of tennis coaching in the parks

Eligible items which can be funded from Primary PE and sport premium.

Secondary / SEN Secondary

Operation of Girls Active / This Girl Can programmes.

And / or

Operation of in-house programmes e.g., enrichment programmes targeting the least active.

How will it be measured?

Primary /Junior / SEN Primary

Change 4 Life club (or alternative named club) Dates delivered and year group/s and numbers attending.

Production of Active School Plans.

Registration of school on the Daily Mile website. Daily Mile class participation timetable.

Purchase of the KS2 British Triathlon Active Skills for Life curriculum pack.

Access free tennis in the parks coaching.

Secondary / SEN Secondary

Name of club, dates delivered and year group/s and numbers attending.

In-house enrichment programme delivery dates and number attending.

- Yes - please specify.
- Provide information here.
- Example answers

Primary /Junior / SEN Primary

Our school operates 2 Change 4 Life Clubs (Year 3 and 4 pupils) which take place on a Monday and Wednesday lunchtime. 10 pupils attend each club, and they were identified through partnership work with the Active Sunderland Healthy Lifestyle Programme. The clubs run from November until June. Club registers are kept.

Our school has produced an Active School Plan which is available on our school website (insert website link) and can be verified by our School Games Organiser.

Our school is registered on the Daily Mile website (insert website link)

Our school delivers the programme to our Year 5 students. The inclusion of this activity can be found on our website under Year 5 curriculum delivery tab.

Our school received of free tennis coaching in our local park (add venue, dates, and year group/s)

Secondary / SEN Secondary

Our school operate a This Girl Can Trampoline Club (list year group/s, day, dates and times). Club register is kept.

Our school operates an in-house enrichment programme for all students where it is compulsory for each student to enrol on a minimum of one activity per week. The enrichment programme can be evidenced on our school website (insert school website link) and we keep registers of attendance for each activity.

Q12

Has your school engaged with the Council's Active Sunderland Healthy Lifestyle Programme formally Change 4 Life Sunderland Programme?

Assemblies or Classroom based healthy education sessions or Mindfulness / Physical activity sessions or Children / family after school support programme or Young Health Champions training or Secondary School weigh and Measure programme or Roots and Shoots sustainable gardening programme.

Essential criteria applicable to All Schools.

Further specific details:

Schools to host an Active Sunderland Healthy Lifestyle Programme (ASHLP) whole school Healthy Lifestyle assembly (minimum requirement).

On completion of the assembly schools will have the opportunity to sign up to a wide variety of services completely free of charge; these may include classroom based healthy lifestyle education, mindfulness and physical activity sessions to all year groups including nursery and reception, a Roots and Shoots sustainable gardening programme and ASHLP family support programmes.

How will it be measured?

E mail trail confirming ASHLP assembly and or other sessions or programmes delivered.

- Yes - please specify.
- Provide information here.
- Example answers
The ASHLP delivered a whole school Healthy Lifestyle assembly (add day, date and time). This was confirmed via e mail from the ASHLP.

ASHLP delivered a mindfulness and meditation session to all year groups (add dates and times of the sessions) The delivery of the sessions has been confirmed via e mails from the ASHLP

The ASHLP have also delivered a number of healthy lifestyle workshops. A number of families have also participated in a free 6-week healthy lifestyle programme. After completing the programme families have the opportunity to access free or low-cost activities during school holidays. This is all confirmed via e mail from the ASHLP

Q13

Is your school working towards / achieved Together for Children's Healthy Schools Award?

Essential criteria applicable to All Schools.

Further specific details:

The Sunderland Healthy Schools Award has been developed by a local multi-agency group of health, education, and social care professionals to support Sunderland schools to establish a positive, healthy school environment. In addition, the award recognises the dedication of schools within the city to the health and wellbeing of their pupils, staff and local communities. Participation in the award will also support schools to prepare for Ofsted inspection as each charter has been developed in line with Ofsted guidance and physical health, mental health and emotional wellbeing are all key components of Ofsted's common inspection framework. The five Charter Marks are. 1. Anti-Bullying 2. Food and Nutrition 3. Mental Health 4. Relationships, Sex and Health Education 5. Great Active Sunderland Schools

How will it be measured?

Provision of evidence that schools are on a pathway towards achieving the Emerald, Bronze, Silver, Gold or Diamond criteria.

Achievement of the Emerald, Bronze, Silver, Gold or Diamond Award

- Example answers

Our school is working towards the Emerald / Bronze / Silver / Gold / Diamond criteria.

Our school achieved the Emerald / Bronze / Silver / Gold / Diamond standard in (insert date achieved) and is currently working towards the Bronze / Silver / Gold / Diamond criteria.

Q14

Does your school provide Pre School / Lunchtime / After School / Activity / Sports Clubs?

Essential criteria applicable to All Schools.

Further specific details.

Offer a wide variety of activities, utilising core and different activities / sports to engage a variety of pupils (pre-school / after school and lunchtimes).

Review extra-curriculum provision through the lens of gender and student consultation.

Eligible item which can be funded from Primary PE and sport premium.

How will it be measured?

Provide a minimum of.

1 club (Bronze)

2 clubs (Silver)

4 clubs (Gold)

in different activities / sports.

Timetable of clubs delivered each term on school website / Facebook / twitter / class blogs / school calendar / school newsletters.

- Example answers
Our school provides a series of after school activity / sports clubs which change on a termly basis (list clubs, year groups and days). The list of clubs can be evidenced on our school website (insert school website link) and we keep registers of attendance for each club.

Our school provides a breakfast club which includes a healthy breakfast and sports activities. Information can be found on our school website (insert school website link) and we keep registers of attendance.

Q15

Does your school support a policy for Active Travel?

Desirable criteria for Infant, Primary / Junior, Secondary, SEN Primary and SEN Secondary schools.

Further specific details.

Sign up to scheme or schemes such as Bikeability, Walkwise, Child Pedestrian Training, Active travel, Dr Bike Sessions, Bike marking, Better Points, Park That Bike and School Travel Plans.

How will it be measured?

School has created a School Travel Plan.

School signed up to a scheme or schemes.

E mail trail confirming training dates.

Training dates on school website / Facebook / twitter / class blogs / school calendar / school newsletters.

School has completed a staff travel survey.

- Example answers
Our school has a School Travel Plan which can be found on our school website under 'school polices' (insert website link).

Our Year 5s received Bikeability cycle training programme (list dates and times). This was confirmed via e mail from the road safety team. In addition, photographs can be found on our 'add name the date' newsletter posted on our schools' website (insert website link).

Our Year 2s received Walkwise 6-week child pedestrian training (list dates and times). This was confirmed via e mail from the road safety team.

Our Year 7s received Bikeability cycle training programme (list dates and times). This was confirmed via e mail from Sunderland Young Peoples Bike Project.

Q16

Does your school provide community access for sport and physical activity?

Essential criteria for Secondary schools.

Desirable criteria for Infant, Primary / Junior, SEN Primary and SEN Secondary.

Further specific details:

Provide community access to facilities and activities out of school hours.

Funding available through Opening Schools Facilities (OSF)

The OSF program aims to reduce inequalities and get more children and young people aged 5-16 years active and moving more. The funding supports schools to open-up their facilities,

How will it be measured?

Community Access Policy.

Service Level Agreements / Hire Agreements.

- Example answers

Our school provides community access to facilities and activities out of school hours. Information can be found on our school website under 'facility hire' (insert website link).

We also have facility booking documents (letter / health and safety guidelines / safeguarding / terms and conditions for hirers / terms and conditions of use)

Q17

Has your school established and provided active links / signposting to community sports clubs and leisure providers?

Essential criteria applicable to All Schools.

Further specific details.

Have links with local community sports clubs and leisure providers through signposting.

Have meaningful active links with local community sports clubs and leisure providers.

Example of a simple active link.

Tennis coaching in curriculum time on school premises.

Students attend competition held at Sunderland Tennis Centre.

Information regarding exit route activity distributed to students.

Example of an excellent active link.

Local karate club showcased in an assembly.

The club operate an after-school club on the school site.

Information regarding exit route activity distributed to students.

How will it be measured?

Bronze - 1 sign posted link (not applicable to infant / SEN schools).

Silver - 3 links which includes 1 active link (infant / SEN schools 1 sign posted link only)

Gold - 5 links which includes 2 active links (infant / SEN schools 2 signposting links only)

All in different activities / sports.

Signposting

Activity links on school website / Facebook, posters, promotional flyers, assembly visits

Active links

E mail trail confirming provider visit/s or coaching.

Timetable of clubs delivered by external provider.

Links on school website / Facebook, Posters, promotional flyers on PE noticeboards

- Yes - please specify.
- Provide information here.
- Example answers

Bronze

Signposted link

Our school has a PE notice board and we have posted information regarding swimming lessons at our local (insert name) leisure centre.

Silver

Signposted link

Our school has a PE notice board and we have posted information regarding swimming lessons at our local (insert name) leisure centre, football coaching with a local (insert name) football club and All Stars Cricket coaching with a local (insert name) cricket club.

Active link

Our Year 3 and 4s have received 3 tennis coaching sessions at school from Everyone Active (list dates and times). In addition, teams then attended cluster tennis finals at Silksworth Community Pool, Tennis and Wellness Centre (insert dates). This was confirmed via e mails from Graham Fowler, Tennis Development Manager. All the students received information regarding tennis coaching opportunities.

Signposting link

Our school has a PE notice board and we have posted information regarding swimming lessons at our local (insert name) leisure centre, hockey coaching with a local (insert name) hockey club, athletics coaching with a local (insert name) athletics club, rugby coaching with a local (insert name) rugby club, netball coaching with local (insert name) netball club.

Active link

Our Year 3 and 4s have received 3 tennis coaching sessions at school from Everyone Active (list dates and times). In addition, teams then attended cluster tennis finals at Silksworth Community Pool, Tennis and Wellness Centre (insert dates). This was confirmed via e mails from Graham Fowler, Tennis Development Manager. All the students received information regarding tennis coaching opportunities. Also, our local (insert name) gymnastics club did a display at assembly (add date) which can be confirmed by e mails from the club. The club now operate a regular after school gymnastics club. We keep registers of attendance for the club.

Q18

Insert school name and name of contact completing the survey.

Name of school and name of contact

Q19

How has your school done?

Using the comment box below please state the number of essential and desirable criteria you believe your school has achieved and the award this equates to;

Using the Great Active Sunderland School Charter 2023/2024 ready reckoner we believe we have achieved (enter number) Essential criteria and (enter number) Desirable criteria which equates to the Engagement / Bronze / Silver / Gold standard (enter standard).

I look forward to hearing from you