

### West Winter Projects

Self – isolation support, activities and (COVID safe) social contact to ensure residents are not alone and isolated during Christmas and the dark months of January, February and early March. Also ensuring families have access to the basics and know where they can access help with food and fuel and other household essentials.

#### Christmas 2021 and Winter 2022 – January to March 2022

##### Barnes Ward

**Plains Farm Youth & Community Centre, Joanne Laverick, e-mail [joanne@youthalmighty.co.uk](mailto:joanne@youthalmighty.co.uk)**

Support as part of Community Hub, providing shopping, collection prescriptions, food parcels, crisis support. increase social inclusion and support vulnerable residents by delivering wellbeing and activity packs, online competitions, afternoon tea, regular phone calls, mens/womens groups, coffee mornings and a Christmas buffet lunch, festive prize bingo at Plains Farm Youth & Community Centre, Christmas coffee meetings at Plains Farm Community Centre, Parker Trust & Kayll Road Library

**Delivery December 2021 to March 2022**

##### Pallion Ward:

**Pallion Action Group, Karen Noble, e-mail [karen.noble@pallionactiongroup.co.uk](mailto:karen.noble@pallionactiongroup.co.uk)**

Support as a Community Hub, as well as increasing social inclusion and support to vulnerable residents by delivering wellbeing/welfare checks via telephone/door, recreational activities such as holistic therapies, woodcarving, and flower arranging jigsaw clubs quiz groups and coffee mornings. Supporting residents to become more digital with activities online, including online shopping. After Christmas, ongoing support including activity packs, social and recreational sessions both virtually and face to face such as bingo, quizzes, keep fit sessions, monthly tea dances and games sessions, winter recipe bag including ingredients for homemade soup, dumplings and a dessert.

**Delivery December 2021 to March 2022**

##### Sandhill North Ward

**The Angelus Lunch Club, Elizabeth Lardner, e-mail [elizabethlardner@virginmedia.com](mailto:elizabethlardner@virginmedia.com)**

To meet together on a monthly basis to enjoy a meal and a cuppa.

**Delivery December 2021 to March 2022**

**Community Opportunities and Grindon Young People's Centre, Nikki Vokes e-mail [nikkivokes@communityopportunities.co.uk](mailto:nikkivokes@communityopportunities.co.uk) or [wendycook@communityopportunities.co.uk](mailto:wendycook@communityopportunities.co.uk)**

Building on the work of two Organisations in the Sandhill Ward, will provide on-going covid-19 support and delivery of face-to-face activities including activity resource bags with a range of craft materials, quizzes, 'keep minds active and healthy for young and old', quizzes, gardening kits, family card games, home exercise suggestions

and key contact information. Moving into Spring will deliver hobby groups including crafts, gardening club, luncheon club, digital support to encourage residents to stay in touch digitally and to engage with social media, facetime relatives etc.

**Delivery: December 2021 to March 2022**

**Grindon Church Community Project, Kati Whiteoak/Corinne Kilvington, e-mail [theoffice.gccp@gmail.com](mailto:theoffice.gccp@gmail.com)**

To provide various activities including 6 short cooking sessions aimed at those who can't cook or alone, providing a safe place to learn to cook meals for one/ batch cooking simple, healthy, tasty meals, as well as the opportunity to meet others in a similar situation and will offer sessions to families on how to cook on a budget and support participants to shop for ingredients online, using the IT suite. Create packs with useful information on where to get help, information about covid/isolation and what is available locally, Family cinema nights and Saturday Morning family cinema club events.

**Delivery: December 2021 to March 2022**

### **Silksworth Ward**

**Silksworth Youth & Community Centre, Joanne Laverick, e-mail [joanne@youthalmighty.co.uk](mailto:joanne@youthalmighty.co.uk)**

Support as part of Community Hub, providing shopping, collection prescriptions, food parcels, crisis support. increase social inclusion and support vulnerable residents by delivering wellbeing and activity packs, online competitions, afternoon tea, regular phone calls, men's/women's groups, coffee mornings and a Christmas lunch at Silksworth Youth & Community Centre and work with Friends of Silksworth Park to provide an event in the park on 3rd Dec. Also a named point of contact to support those most vulnerable over the festive season and a holiday hunger programme during Christmas and February school holidays

**Delivery December 2021 to March 2022**

### **St Anne's Ward**

**Pennywell Neighbourhood Centre, Gary Brooks, e-mail, [gbrookspnc@outlook.com](mailto:gbrookspnc@outlook.com)**

The project will support local residents face to face via various groups, signposting to other agencies, crisis team and mental health support, Covid messages, befriending calls, Christmas cooking activities, hampers, treats and activity packs, food parcels. An emergency line will be open on weekends and across the holiday period to support the vulnerable where needed.

**Delivery December 2021 to March 2022**

### **St Chad's Ward**

**Farringdon Youth & Community Centre, Joanne Laverick, e-mail [joanne@youthalmighty.co.uk](mailto:joanne@youthalmighty.co.uk)**

Support as part of Community Hub, providing shopping, collection prescriptions, food parcels, crisis support. increase social inclusion and support vulnerable residents by delivering wellbeing and activity packs, online competitions, afternoon tea, regular phone calls, men's/women's groups, coffee mornings and a Christmas buffet lunch leading up to Christmas, Christmas coffee morning, Christmas lunch at Farringdon Youth & Community Centre. There will also be a named point of contact to support those most vulnerable over the festive season.

**Delivery December 2021 to March 2022**

**Alongside this provision will be:**

- Area Foodbanks
- Local VCS Organisations supporting the delivery of the COVID Targeted Community Champion Programme, Enhanced Winter Offer
- FSM vouchers will be provided to eligible school-age children during Christmas holidays

**Citywide Winter COVID Projects**

Self – isolation support, activities and (COVID safe) social contact to ensure residents are not alone and isolated during Christmas and the dark months of January, February and early March. Also ensuring families have access to the basics and know where they can access help with food and fuel and other household essentials.

**Christmas 2021 and Winter 2022 – January to March 2022**

**Citywide Delivery**

**Veterans in Crisis, Paul McLoughlin, e-mail [paul@veteransincrisis.co.uk](mailto:paul@veteransincrisis.co.uk)**

Support for veterans, partners and families including organising regular contact, food bank, covid19 updates, counselling support, zoom carols, activity planning. Christmas meals, travel, telephone costs, refreshments for volunteers, Christmas hampers

**Delivery December 2021 to March 2022**

**Sunderland Mind, Leigh-Ann Thomson, e-mail [leigh.ann@sunderlandmind.co.uk](mailto:leigh.ann@sunderlandmind.co.uk)**

Providing activity packs and winter events, both virtually and in person to residents across the city over the winter months. Bespoke activity packs designed by service users containing wellbeing and craft activities along with handwritten letters and messages from service users aimed at keeping those who are feeling isolated due to Covid. Sunderland Big Night virtual party nights for Xmas, New Year and in February via Zoom and Facebook, two in-person events in January and February to encourage residents to meet other people and to promoting positive wellbeing and helping people feel good by getting together for soup and a bun (January) and afternoon tea (February) at our Wellbeing Hub.

**Delivery December 2021 to March 2022**

**Headway Wearside, Kim Hunter, e-mail [kim.hunter@headwaywearside.org.uk](mailto:kim.hunter@headwaywearside.org.uk)**

A range of activities for adults with an acquired brain injury and their families, to combat social isolation, boredom, by offering Christmas and holiday time support and try to ensure that no one is forgotten and left alone without contact this Christmas. Activity Packs will contain activities they can do at home, important if they cannot get out of the house due to ill health, covid isolation or bad weather.

**Delivery December 2021 to March 2022**

**The Carers Centre, Amanda Brown, e-mail [Amanda@sunderlandcarers.co.uk](mailto:Amanda@sunderlandcarers.co.uk)**

Deliver a Carers Christmas Reach Out Project where staff and Volunteers will deliver activity/wellbeing packs to carers identified as being most in need. Packs will include a Christmas decoration, hand cream, colouring activity, book etc and info sheet on additional services

**Delivery December 2021**

**Alongside this provision will be:**

- Area Foodbanks
- Local VCS Organisations supporting the delivery of the COVID Targeted Community Champion Programme, Enhanced Winter Offer
- Free school meals vouchers will be provided to eligible school-age children during Christmas holidays