

North Winter Projects

Self – isolation support, activities and (COVID safe) social contact to ensure residents are not alone and isolated during Christmas and the dark months of January, February and early March. Also ensuring families have access to the basics and know where they can access help with food and fuel and other household essentials.

Christmas 2021 and Winter 2022 – January to March 2021

Castle Ward

Community Opportunities, Nikki Vokes or Wendy Cook - e-mail nikkivokes@communityopportunities.co.uk or wendycook@communityopportunities.co.uk

On-going covid-19 support and delivery of activity resource bags with a range of craft materials, quizzes, 'keep minds active and healthy for young and old', gardening kits, family card games, home exercise suggestions and key contact information. Moving into Spring will deliver hobby groups including crafts, gardening club, luncheon club, digital support to encourage residents to stay in touch digitally and to engage with social media, facetime relatives etc.

Delivery: December 2021 to March 2022

Foundation of Light, Keith Brazier e-mail, Keith.brazier@foundationoflight.co.uk

Range of social activities for all residents across the North including Christmas line dance, healthy eating, prepare and cook a range of meals and snacks, virtual quiz, telephone befriending calls, all our yesterdays – local history films/slides of Sunderland through the decades giving residents the chance to reminisce and chat, refreshments will be provided. Delivery across all of the North Area.

Delivery: December 2021 to March 2022

The Fans Museum, Michael Ganley, e-mail michael@fansmuseum.org

Delivery of a number of events at the Fans Museum to come together with Live Music, Singalong and Comedy Quiz, bespoke exhibition with partners providing information on the support and activities available to raise awareness of opportunities for people to get involved with partner organisations. Delivery across all of the North Area.

Delivery: January to March 2022

Fulwell Ward:

Friends of Fulwell, Peter Curtis, e-mail peter@friendsoffulwell.co.uk

Continued support as part of the Community Hub delivery by helping with Food bank drive, Carol singing, hampers, Christmas activities for young people, a Christmas planting project, signposting to other services,

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Redhill Ward

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Southwick Ward

Southwick Neighbourhood Young People's Project, Ruth Walker, e-mail ruth@sny.co.uk

Ongoing covid-19 support as a community hub supporting clinically, extremely vulnerable and socially isolated residents through shopping, prescription pick up, befriending, food support, health & fitness activities, monthly social catch ups, activity packs and online quizzes to keep people engaged and interacting with each other. Covid self-isolation/social isolation kits with codes for access to online activities such as craft classes, walking football and to set up online shopping and prescription delivery

Delivery December to March 2022

Thift Don't Throw, Gaynor Clark, e-mail gaynor.clarke@hotmail.com

Online activities of exercise aimed at over 50s, children's Storytime, quizzes, activity packs and flowers to those isolating at Christmas, February and Easter and activities based around gardening, recycling and being outdoors

Delivery: December 2021 to March 2022

Grace House, Victoria Brown, email vb@gracehouse.co.uk

Working with COVID -19 Community Hubs ensuring key messages and information are circulated via emails, website, and other social media platforms, and signpost into appropriate services e.g. welfare benefits advice. Increase social inclusion and support to vulnerable families through a range of activities both online and face to face, telephone contact, deliver activity some therapeutic and some sensory according to need, Music Therapy, a Carers Therapy Taster event with lunch

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St Peter's Ward

Roker Life, Deborah Doyle, rokerlifeproject@gmail.com

Variety of delivery including a Christmas Hamper Project in collaboration with Friends of the Drop In, supporting single refugee and asylum seekers in North Sunderland, a festive Afternoon Tea on 8th December, with Social Chef, open to residents of North Sunderland - booking required, a Happy Mondays wellbeing programme, incorporating exercise, cookery and craft, at Roker United Reformed Church, open to residents from all North Sunderland wards, along with weekly check-ins with isolated people via Whatsapp/telephone.

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Alongside this provision will be:

- Area Foodbanks
- Local VCS Organisations supporting the delivery of the COVID Targeted Community Champion Programme, Enhanced Winter Offer
- In addition, Area Committees are also supporting: Youth Activities delivered by the North Raising Aspirations Projects (SNYP, SCAG, FOF, SNCBC) for further information check out social media pages:
 - <https://www.facebook.com/fulwellfriends>
 - <https://www.facebook.com/snypsouthwick>
 - <https://www.facebook.com/Sunderlandscag>
 - <https://www.facebook.com/RaisingaspirationsCRW>
- Free school meal vouchers will be provided to eligible school-age children during Christmas holidays